Domestic Helper Health Check Item Lists

Heart Examination

ECG

Blood Test

Rh(D) Factor

MCV

WBC Differential Count & Absolute Count (5 Parts)

RBC Count

Haemoglobin

Platelet Count

Hematocrit

MCH

MCHC

RDW

Pre-marital Check

VDRL/ RPR

Hepatitis A Screen

Hepatitis A Antibody IgG (Qualitative)

Venereal Disease

HIV Ag/Ab Combo Test (Type I, II, O & P24 Antigen)

Pregnancy Test

Pregnancy Test (Qualitative)

Vision Test

Colour Blindness test

Farsightedness (Hyperopia)

Hepatitis B Screen

HBsAg

HBsAb

Physical Examination

Blood Pressure (Systolic, Diastolic)

Pulse

Height

Weight

Body Mass Index

Urinalysis

Colour

Appearance

Specific Gravity

Urine pH

Urine Glucose

Urine Albumin

Urine Leucocyte

Urine Blood

Urine Ketone (Qualitative)

Urine Nitrite

Urine Bilirubin

Urobilinogen

Red Blood Cell

Yeast cells

Bacteria

Mucus

Crystal

Casts

Epithelial cells

Stool Test

Colour

Consistency

Stool Leucocyte

Stool RBC

Ova, Cysts & Parasites

Stool Occult Blood

X-ray

Chest X-ray

Stool Test

Chest X-ray

X-ray

Chest X-ray